



SAN DIEGO

HANDSPECIALISTS

CARE OF THE HAND & UPPER EXTREMITY

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LINDSEY S. URBAND, M.D.

Date of Appointment: _____ Time: _____

PLEASE PRINT:

Patient Name: _____ Middle Initial: _____ Gender: _____

Date of Birth: _____ Age: _____ SSN: _____ Marital Status: _____

Address: _____

City: _____ State: _____ Zip Code: _____ Cell #: _____

Home #: _____ Can a message be left on your answering machine? _____

Height: _____ Weight: _____ Are you right or left handed? _____

E-mail address: _____

Family Physician: _____ Who Referred you to this office? _____

Would you like your medical records sent to another office?

Office Name: _____ Phone#: _____ Fax#: _____

In case of emergency, whom may we contact? _____ Relationship? _____

Phone #: _____

EMPLOYMENT

PATIENT:

Employer: _____ Occupation: _____ FT/PT

Address: _____ Business Phone: _____

Are you currently working? Yes _____ No _____

If the patient is a minor please fill out parent employment information above.

IF THIS IS A WORK RELATED INJURY/PROBLEM, PLEASE PROVIDE THE FOLLOWING WORK HISTORY (Worker's Compensation only)

When did you last work?

Are you working full duty?

If not, what are you current work restrictions? How long in you current status?

How long have you worked for your current employer?

How long have you been in this line of work?

Previous employment:

*******We will give you assistance in processing your insurance claim, however, you must understand that you are responsible for payment for all professional services and/or collection agency fees.*******

RELEASE OF INFORMATION AUTHORIZATION: I authorize the release of any medical information necessary to process claims to my insurance company. I agree that a photographic copy of this authorization shall be as valid as the original. If the patient is a minor, the signature found below shall be that of the patient's parent, guardian, or conservator.

AUTHORIZATION TO PAY PHYSICIAN: I hereby authorize payment directly to Dr. Dori Cage, Dr. Lindsey S. Urband, Dr. Gregory R. Mack, Dr. Richard D. Perlman, Dr. Rishi Jindal, and Dr. Julie R. Ohayon of the Medical Expense Benefits otherwise payable to me, but not to exceed my indebtedness to said physician on account of the enclosed charge.

PERSONAL RELEASE OF MEDICAL INFORMATION

I authorize the following person(s) to discuss or be provided information related to my medical care including billing matters. (This does not include medical personnel and insurance companies)

LANGUAGE PREFERENCE _____ **ETHNICITY** (optional) _____

<u>Name</u>	<u>Relationship</u>
_____	_____
_____	_____
_____	_____

Print Patient's Name _____

_____ Date: _____
(Signature of Patient OR signature of Parent/Guardian if the Patient is a minor)

Witness Signature _____ Date: _____

NOTICE TO CONSUMERS

MEDICAL DOCTORS ARE LICENSED AND REGULATED BY THE MEDICAL BOARD OF CALIFORNIA (800) 633-2322
WWW.MBC.CA.GOV

ILLNESS & MEDICAL PROBLEMS:

Please mark relevant items and briefly explain:

- Glaucoma or other eye problems _____
- Pulmonary (asthma, wheezing, bronchitis, emphysema, pneumonia, tuberculosis, sleep apnea) _____
- Cardiac (hypertension, angina/chest pain, heart attack, heart murmur, irregular heartbeat) _____
- Bleeding tendency, easy bruising, nosebleeds, phlebitis, anemia) _____
- Stomach, duodenal ulcers, or hiatal hernia _____
- Neurological problems (stroke, seizure disorder, paralysis) _____
- Cancer (year, type, treatments) _____
- Back pain or injury _____
- Mental illness (depression, anxiety, schizophrenia, bipolar) _____
- Alcohol/Drug Addiction/Withdrawal _____
- Difficulty with anesthesia (if yes, which type) _____
- Diabetes _____
- Thyroid Problem _____
- Other problems not listed above: _____
- Exposure to Hepatitis, Tuberculosis, HIV/AIDS _____

REVIEW OF SYSTEMS

Please circle any symptoms you are **currently** experiencing (**not limited to hands and upper extremities**)

General: Fatigue; Fever

Skin: Easy Bruising; Nail changes; Skin Color Changes

HEENT: Headache; Visual Changes

Neck: Pain

Respiratory: Cough; Difficulty Breathing; Sleep Apnea; Wheezing; Shortness of Breath

Cardiovascular: Chest Pain; Fainting/Blacking out; Phlebitis; Rapid Heart Rate; Irregular Heart Rate

Gastrointestinal: Heartburn; Other

Neurological: Numbness; Tingling; Burning Pain; Weakness in Extremities

Psychiatric: Anxiety; Depression; Insomnia

Endocrine: Thyroid Problems; Prostate Problems

Hematology: Abnormal Bleeding; Blood Clots

WHAT IS YOUR PRIMARY COMPLAINT? _____

WAS THIS A SPECIFIC INJURY? IF SO, DATE OF INJURY: __/__/__
Please describe how it happened. _____

Please list your hobbies or leisure activities (tennis, golf, knitting): _____

FAMILY HISTORY

	Yes	No		Yes	No		Yes	No
Carpal Tunnel	<input type="checkbox"/>	<input type="checkbox"/>	Rheumatoid	<input type="checkbox"/>	<input type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Glaucoma	<input type="checkbox"/>	<input type="checkbox"/>	Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	Blood Disorders	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>						

CURRENT MEDICATIONS:

Name of medication	Dose	Frequency
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

ALLERGIES

	Yes	No	Reactions:
Penicillin	<input type="checkbox"/>	<input type="checkbox"/>	_____
Tape	<input type="checkbox"/>	<input type="checkbox"/>	_____
Iodine	<input type="checkbox"/>	<input type="checkbox"/>	_____
Shellfish	<input type="checkbox"/>	<input type="checkbox"/>	_____

Please list other allergies and reaction: _____

Amount:
Do you smoke _____
Drink alcohol _____

Please list all operations and hospitalizations:

Year	Operations	Hospital & Location
_____	_____	_____
_____	_____	_____
_____	_____	_____